

Exhibition: ***BIGAS LUNA. INGESTUM - LOS FLUIDOS***
IVAM Institut Valencià d'Art Modern
26 febrero – 4 mayo 2008

Organised by: **Institut Valencià d'Art Modern**

Curated by: **Ángel Kalenberg**

Sponsored by:



The IVAM presents the video work of painter and filmmaker Bigas Luna, as part of the *INGESTUM – LOS FLUIDOS* (Ingestum – Fluids) exhibition project. In this exhibition, Bigas Luna speaks of the importance of the return to the beginning in everything we ingest and of the three fluids inside our bodies: water, milk and blood by means of his video work and multidisciplinary installations

The book *INGESTUM* will be presented on the day of the opening, and will contain texts by the director of the IVAM, Consuelo Císcar, the curator of the exhibition, Ángel Kalenberg, and Nuria Blaya, Felisa Kociak, Masaru Emoto, Jordi Bigues, Carmen Chaves Gastaldo, Goio Iturregui, Carles Torrent and Bigas Luna himself, as well as an interview with the artist by Ángel Sánchez Harguindey.

The origin: earth

The exhibition starts outside the IVAM. This is the area dedicated to a homage to earth. Three videos by Bigas Luna entitled *Orígenes Courbet* representing the origin of life will be projected on the facade of the building. On the terrace there will be two large beds, one containing compost mixed with bones and the other full of ash. Between these there will be a large sacrificial altar, where food will be ritually cooked on the day of the inauguration.

Water

In the hall of the museum the *INGESTUM* table will be located and the video *Collar de moscas* will be shown. Next to it will stand the installation dedicated to

water and Masaru Emoto, where we can see that water is sensitive to feelings and to what the Japanese author calls the conscience of water. In the installation we shall see Emoto's water crystallizations projected on the bodies of the visitors.

Blood

On the first floor, with the installation CPS ("centimetres per second"), visitors will be able to see and check at what speed their blood flows when it rushes from their hearts. By means of an ultrasound image, everyone who so desires can see how their hearts work on a large screen and can print this image on a drawing by Bigas Luna.

Milk

In the labyrinth *Vía Láctea* (The Milky Way), installed in gallery 8, we can see the first videos related with mother's milk and breastfeeding made by Bigas Luna: *Allatatrice*, *Allattatore*, *Mamador Molar*, *Virgen Lactatio* and *Origen Lumière*. The visit ends with the three-screen video installation *Gaudir Nouvelle*, made in collaboration with the architect Jean Nouvel and with music by the composer Miguel Marín.

With this exhibition, Bigas Luna attempts to stimulate our interest in what we have inside us, what we eat and how food affects us in a physical, psychic and even spiritual sense. Taking the fluids that run through the human body (milk, blood and water) and food as a point of reference, *INGESTUM* establishes suggestive connections between art, health and ecology.

For this project, Bigas Luna had the collaboration of different experts, like the Art History professor Nuria Blaya, the psychologist Felisa Kociak or the environmental journalist Jordi Bigues. The Japanese Masaru Emoto, the autor of *Messages from Water*, a book of photographs of frozen water crystals, is famous for his research into the way different crystals are formed depending on the words, images, or feelings to which they are exposed. The installation dedicated to his work was made by Carles Torrent and Goio Iturregui, from the association *Amigos de Masaru Emoto*. Jean Nouvel is a renowned French architect, author of the extension of the Reina Sofía museum in Madrid or the Agbar Tower in Barcelona. His buildings are characterized by their structural originality and the dialogue they establish with their spatial and cultural surroundings. Other habitual collaborators of the filmmaker have participated at some stage of the *INGESTUM* project, for example Carmen Chaves Gastaldo, the scriptwriter of the film *Yo soy la Juani* (2006), or the composer Miguel Marín, author of the soundtrack of the film *Son de mar* (2001).